



**Putting ideas into
Practice**

The Project Partners in the Embracing DEmeNtia project are:



UNIVERSITÀ
DEGLI STUDI
DI UDINE
hic sunt futura



Erhvervsakademi og
Professionshøjskole



hannn.eu



MATIA
INSTITUTO GERONTOLÓGICO

Kim Koldby

Knud Damgaard Andersen

Valentina Bressan

Henriette Hansen

Alvisa Palese

Federica Porcu

Allette Snijder

Sara Marsillas

Natalia Allegretti

Álvaro García

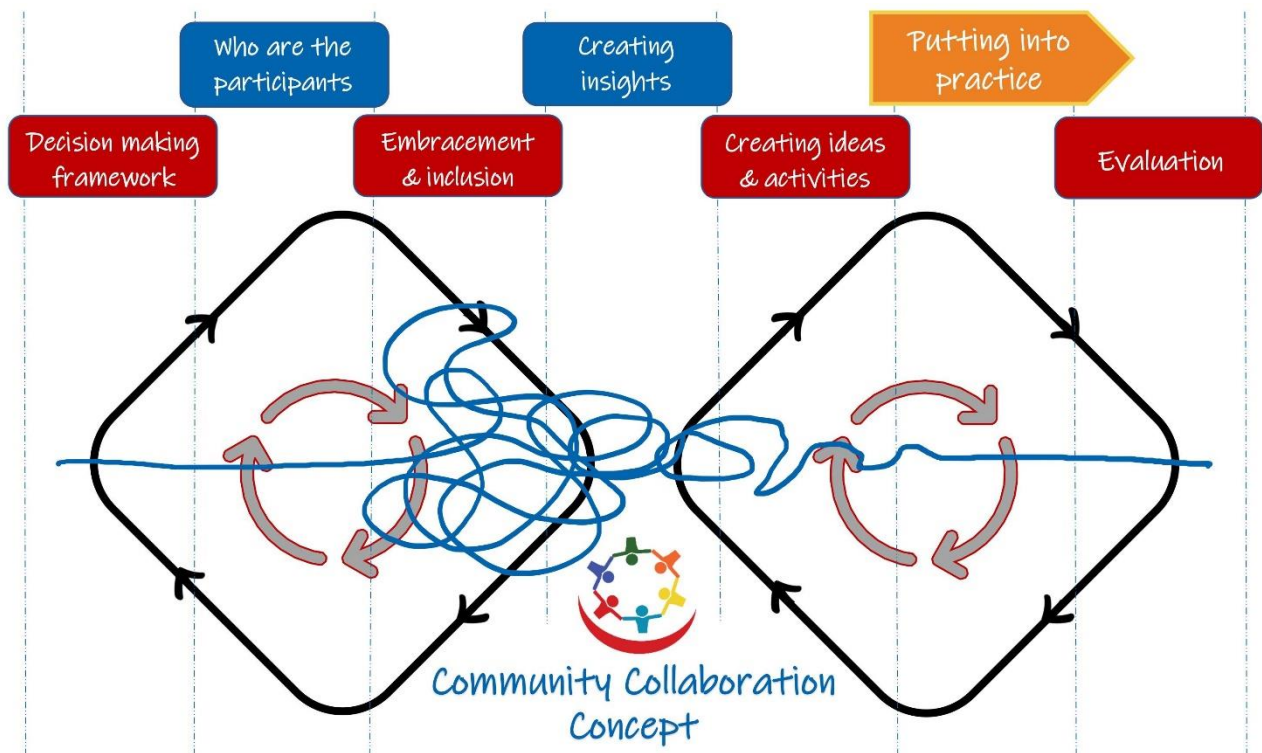
Disclaimer

The content of this document does not reflect the official opinion of the European Union. Responsibility for the information and views expressed in the report lies entirely with the authors.

- © European Union, [2020]
- Reproduction is authorised provided the source is acknowledged.

Non-Commercial – *This material may not be used for commercial purposes.*

Putting ideas into Practice



Defining a concise and effective implementation plan is important to bring clarity to the overall vision and determine the purpose and goals of the different activities that you have decided to implement within the co-creation process.

Action planning has several specific advantages:

- It helps you to bring structure and organization to your ideas and thoughts.
- It helps you to identify the steps you need to take to pursue your vision.
- It helps you to keep track of who will take action on what by when.
- It helps you to understand how you are going to carry out the intervention(s).
- It helps you to plan collaboration with other actors
- It helps you to take the right action step at the right time in order to implement the intervention in the best possible way.

In this step, the ideas and activities that were developed and planned in the former steps, are put into action. An activity is carried out, a process is started, success criteria and relevant indicators are listed, target groups are involved actively, learning is created and follow up plans are developed and executed.

It is beneficial that activities and interventions are implemented within an action learning approach, so that you create the best opportunities to learn from your work.

This approach is a dynamic working process in which the important elements are: powerful questions, active listening, sharing and learning, reflection, action, action, group and individual development.

- It helps you to get a new repertoire.
- It helps you to be flexible during activities - form and content can be changed if needed.
- It helps you to let the participants have a say.
- It helps you to be learning by doing.

The Action Learning Circle



What are the possibilities?

Activity Card

Implementing Ideas

- What are we going to do from now on?
- Who's going to do what?
- When will we do things?
- When will we evaluate?

What to do and who is doing what?

Actions!